

# Sit-in ATV (Conventional Steered)

### **Course Details**

Title: Sit-in ATV (Conventional Steered)

• Product Code: CLVA11X

• Type: Training Course

• Duration: 1 Day

ATV's or quad bikes are not only fun, but are also very versatile vehicles with a range of attachments including trailers, sprayers and spreaders making them an effective and flexible business tool. However even the most experienced ATV riders can find themselves in a potentially dangerous situation, and without the proper training serious accidents can occur.

Our Sit-in ATV course has experienced instructors who will guide you through the training to make sure that you are able to use the ATV safely and with confidence, and that the key fundamentals of driving, loading and health and safety are covered.

Once you have successfully carried out this course you will receive a certificate of training for Sit-in ATV (Conventional Steered).

#### Who is it for?

Our ATV sit-in course is for anyone who uses or will be using a sit-in ATV, whether this is for the work place or for leisure.

It is important that you already hold your CAT B driving licence, however if you do not have your CAT B driving licence you are able to attend this course following a one day driving/familiarisation course.

# What will you get from it?

- Comply with legal requirements with an emphasis on safe practice.
- Identify the risks associated with using a sit-in ATV.
- Select and use appropriate personal protective equipment.
- Understand the main causes of accidents.
- Identify the controls and components.
- Understand the function of all instruments.
- Carry out daily checks as indicated in the operator's manual.
- Carry out appropriate pre-start checks.

- · Identify and report any faults.
- Start up and drive over a variety of terrain and ground conditions.
- Carry out a 'failed hill' climb (full course only).
- Carry out a risk assessment and plan the route.
- Operate the sit-in ATV safely on a variety of slopes and terrain (full course only).
- Identify loading/towing capacities.
- Drive with loads and trailed equipment (full course only).
- Load and secure for transport on the road (if appropriate).
- Understand legal and practical requirements for travelling on the public road.
- · Identify track profile and weight transfer.
- Load and unload machine from trailer/lorry.

### Course sessions:

- Legal aspects
- · Health and safety
- What is a sit-in ATV?
- Transmissions and traction
- What affects stability?
- · Common causes of accidents
- Vehicle checks
- Basic driving
- Failed hill climb techniques
- Driving on diverse terrain
- Carrying loads
- Towing trailers/equipment
- Transportation
- Auxiliary equipment
- Use of ATVs on the public road

# The things you need to know:

Duration:	1 Day
Max no of learners:	3

Please visit www.lantra-awards.co.uk for more information.