

Course Objectives: To enable course members to:

- Be able to promote Health & safety Legislation & Industry Good Practice
- Be able to work safely
- Be able to access a tree using a rope and harness
- Be able to carry out aerial rescue operations

Who is the course designed for?

Anyone wanting to become an arborist, be able to complete aerial rescue or need the skills to climb trees to undertake surveys. Please be aware that to take this course, you must be physically fit and not suffering from vertigo or similar conditions. You must also be free from medication that could affect your safety

The course provides the knowledge and skills required for learners to be assessed for: Level 2 Award in Tree Climbing & Rescue

Duration: 5 Days Training + ½ day Assessment

Instructor/Trainee Ratio: Max 1:4

Course Content:

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| <ul style="list-style-type: none"> • Health & Safety Legislation & Industry Good Practice • Emergency Planning Procedures • Tree Hazard Evaluation • Tree Species & Condition • Visual Tree Inspection • Access Techniques and Work Positioning Principles • Access Methods • Descend Tree • Communication With Team • Incident Reporting | <ul style="list-style-type: none"> • Identify Hazards & Risk Assessment • Legal & Environmental Factors • Work at Height Assessment • Use and Maintenance of Tree Access Equipment & Appropriate PPE • Inspect Equipment • Positioning Techniques in the Tree • Prepare Rescue Plan • Potential Use of MEWPs • Different Rescue Methods |
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KIT LIST

PPE:

- A safety helmet (HSE strongly recommends a mountaineering style helmet complying with BS EN 12492, with chin strap, eye protection and hearing protection)
- Eye protection (mesh visor BS EN 1731 or glasses BS EN166)
- Hearing protection (complying with BS EN 352)
- Protective boots with good grip and ankle support (complying with BS EN ISO 20345)
- Suitable gloves appropriate to the task and subject to the operator's risk assessment
- As a minimum, climbers should carry a personal first aid kit, incorporating a large wound dressing, barrier gloves, plasters and a whistle
- Outdoor clothing

Equipment:

Full set of LOLER compliant climbing equipment (if already owned) to include:

- Rope
 - Harness
 - Minimum of 3 karabiners
 - Strop
 - Friction devices (e.g. prussic loops, split tails)
 - Climbing Spikes
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- Passport photograph
 - Packed Lunch