

**Course Objectives:**

**To enable course members to:**

- Identify Health & Safety requirements and be able to carry out a risk assessment before using a vehicle mounted or hand operated winch and associated equipment.
- Recognize and understand safe working practices for winching.
- Prepare for and carry out the recovery of a vehicle in an off road situation or moving of an object from point A to point B safely including correct use of associated equipment and snatch blocks

**Who is the course designed for?**

Any person who is or will be required to operate a hand or mechanical winch on or off the road. An individual assessment will be carried out and those reaching the required standard will receive the nationally recognized certificate

**Duration:**

1 Day

**Instructor/Trainee Ratio:**

Max 1:4

**Course Content:**

- Personal protective equipment and own safety; PUWER & LOLER
- Safety of scene
- Vehicle winch / hand winch
- Different types of winch and their controls / master switches
- Wire ropes
- Shackles; chains; links; brothers
- Strops & ropes
- Snatch blocks
- Casualty vehicle/object – stability & other hazards
- Methods of recovery / moving load
- Securing vehicle / load safely to winch cable
- Assessment & Conclusion

**Equipment & Facilities**

- Vehicle with fitted winch or hand winch complying with safety regulations in a well maintained state
- First Aid equipment (which complies with the Health & Safety (First Aid) Regulations 1981)
- Associated equipment e.g. Shackles; chains; strops, ropes, brothers etc
- Overalls, Safety boots & suitable clothing for the weather expected.
- Operator's instruction books for own machinery.